

30
Meatball Pizza Sub
 Chicken Patty Sandwich
 Turkey & Cheese Sandwich
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Side Garden Salad

31
Pumpkin Shaped Pretzel w/ Yogurt
 Hamburger or Cheeseburger
 Chef Salad w/ Roll
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Seasoned Green Beans

1
Mini Pancakes w/ Cheese Omelet
 Gilled Cheese & Tomato Soup
 Ham & Provolone Sub
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Baked Sweet Potato Fries

2
Corn Dog
 Chicken Nuggets w/ Breadstick
 Popcorn Chicken Salad w/ Cheese & Breadstick
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 BBQ Black Beans

3
Spicy Chicken Patty Sandwich
 Pepperoni Pizza
 Tuna Salad Wrap
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Cucumber Coins

6
Steak & Cheese Sub
 Chicken Patty Sandwich
 Ham & Cheese Sandwich
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Side Garden Salad

7
BBQ Pulled Pork Sandwich
 Hamburger or Cheeseburger
 Chicken Caesar Salad w/ Goldfish
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Green Beans

8
Mini French Toasts w/Sausage
 Soft Pretzel w/ Yogurt
 Egg Salad Sandwich
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Baked Beans

9
Chicken Parmesan Melt
 Chicken Nuggets w/ Breadstick
 Egg Chef Salad w/ Roll
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Tater Tots

10
No School
 Veteran's Day

side items

13
Ham & Cheese Melt
 Chicken Patty Sandwich
 Deli Chicken & Cheese Sub
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Side Garden Salad

14
Popcorn Chicken Bowl w/ Breadstick
 Hamburger or Cheeseburger
 Tuna Salad Platter w/ Roll
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Cucumber Coins

15
Mini Pancakes w/ Sausage
 Mac n Cheese
 Buffalo Ranch Wrap
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Celery Sticks

16
No School
 ES Professional Development Day
 MS & HS Parent/Teacher Conference

side items

17
Hot Dog
 Pepperoni Pizza
 Tuna Sub
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Baby Carrots

20
Pizza Sticks w/ Marinara
 Chicken Patty Sandwich
 Turkey Santa Fe Wrap
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Side Garden Salad

21
Orange Chicken Bowl w/ Rice
 Hamburger or Cheeseburger
 Chicken & Cheese Salad w/ Roll
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Seasoned Green Beans

22
Mini Waffles w/ Cheese Omelet
 Meatball Pizza Sub
 Tuna Salad Sandwich
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Baby Carrots

23
No School
 Happy Thanksgiving!

side items

24
No School

side items

27
Taco Dippers
 Chicken Patty Sandwich
 All-American Sandwich
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Side Garden Salad

28
Country Chicken Bowl w/Breadstick
 Hamburger or Cheeseburger
 Turkey Cobb Salad w/ Roll
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Roasted Carrots

29
Mini French Toasts w/Sausage
 Chili Mac & Cheese
 Egg Salad Sub
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Kicken Pinto Beans

30
Corn Dog
 Chicken Tenders w/ Breadstick
 Popcorn Chicken Salad w/ Goldfish
 Crackers
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Stuffing

1
Steak & Cheese Sub
 Cheese Pizza
 Ham & Cheese Wrap
 Bagel Fun Lunch

side items
 Fresh Fruit & Veggie Bar
 Broccoli



Donna Humphries
 Food Service Director
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 401-233-1920 Ext. 2653

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Menu subject to Change:



Did you know?

You must take a fruit or vegetable to be a complete meal? Please choose from our Fresh Fruit & Vegetable Bar for our daily selections.



Price:
 Full:\$2.70 Reduced: \$.40



Milk:
 1% Plain, Chocolate & Coffee Skim Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.



Smithfield ES Breakfast Menu

November 2017

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|--|--|---|--|---|
| <p>30 Cherry Frudel</p> <p><i>side items</i> Fresh Apple, Pineapple 100% Fruit Juice, Low-Fat Milk</p> | <p>31 Apple Cinnamon Muffin w/ String Cheese</p> <p><i>side items</i> Fresh Pear, Craisins 100% Fruit Juice, Low-Fat Milk</p> | <p>1 French Toast Benefit Bar</p> <p><i>side items</i> Fresh Apple, Pineapple 100% Fruit Juice, Low-Fat Milk</p> | <p>2 Sausage Breakfast Pizza</p> <p><i>side items</i> Fresh Pear, Craisins 100% Fruit Juice, Low-Fat Milk</p> | <p>3 Cinnamon Granola Round w/ Cheese Stick</p> <p><i>side items</i> Fresh Apple, Pineapple 100% Fruit Juice, Low-Fat Milk</p> |
| <p>6 Cinnamon Toast Breakfast Bar w/ String Cheese</p> <p><i>side items</i> Grapes, Mixed Fruit</p> | <p>7 Blueberry Muffin w/ String Cheese</p> <p><i>side items</i> Fresh Apple, Raisins 100% Fruit Juice, Low-Fat Milk</p> | <p>8 Cinnamon Granola Round w/ Cheese Stick</p> <p><i>side items</i></p> | <p>9 Trix Cereal Bar w/ String Cheese</p> <p><i>side items</i> Fresh Apple, Raisins 100% Fruit Juice, Low-Fat Milk</p> | <p>10 No School Veteran's Day</p> <p><i>side items</i></p> |
| <p>13 English Muffin w/ Jelly</p> <p><i>side items</i> Grapes, Mixed Fruit 100% Fruit Juice, Low-Fat Milk</p> | <p>14 Cinni Minis</p> <p><i>side items</i> Banana, Diced Peaches 100% Fruit Juice, Low-Fat Milk</p> | <p>15 Apple Bosco Stick</p> <p><i>side items</i> Orange Wedges, Craisins 100% Fruit Juice, Low-Fat Milk</p> | <p>16 No School ES Professional Development Day MS & HS Parent Teacher Conference</p> <p><i>side items</i></p> | <p>17 Apple Cinnamon Muffin w/ String Cheese</p> <p><i>side items</i> Orange Wedges, Craisins 100% Fruit Juice, Low-Fat Milk</p> |
| <p>20 Apple Frudel</p> <p><i>side items</i> Fresh Apple, Diced Pears 100% Fruit Juice, Low-Fat Milk</p> | <p>21 Blueberry Bagel w/ Cream Cheese</p> <p><i>side items</i> Applesauce, Raisins 100% Fruit Juice, Low-Fat Milk</p> | <p>22 French Toast Benefit Bar</p> <p><i>side items</i> Fresh Apple, Diced Pears 100% Fruit Juice, Low-Fat Milk</p> | <p>23 No School Thanksgiving</p> <p><i>side items</i></p> | <p>24 No School</p> <p><i>side items</i></p> |
| <p>27 Oat Raisin Benefit Bar</p> <p><i>side items</i> Banana, Applesauce 100% Fruit Juice, Low-Fat Milk</p> | <p>28 Blueberry Muffin w/ String Cheese</p> <p><i>side items</i> Orange Wedges, Raisins 100% Fruit Juice, Low-Fat Milk</p> | <p>29 Cinnamon Raisin Bagel w/ Cream Cheese</p> <p><i>side items</i> Banana, Applesauce 100% Fruit Juice, Low-Fat Milk</p> | <p>30 Trix Cereal Bar w/ String Cheese</p> <p><i>side items</i> Orange Wedges, Raisins 100% Fruit Juice, Low-Fat Milk</p> | <p>1 English Muffin w/ Jelly</p> <p><i>side items</i> Banana, Applesauce 100% Fruit Juice, Low-Fat Milk</p> |



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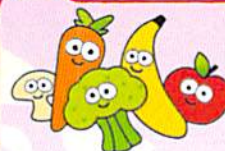
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Menu Subject to Change:



Available Daily:

Assorted Cereals, Whole Grain Breakfast Bars, Fresh Fruit, & 100% Fruit Juice



Price:
Full: \$1.00 Reduced: \$0.30



Milk:
1% Plain, Chocolate & Coffee Skim Milk

