



Smithfield ES Breakfast Menu

December 2017

27 Oat Raisin Benefit Bar <i>side items</i> Banana, Applesauce 100% Fruit Juice, Low-Fat Milk	28 Blueberry Muffin w/ String Cheese <i>side items</i> Orange Wedges, Raisins 100% Fruit Juice, Low-Fat Milk	29 Cinnamon Raisin Bagel w/ Cream Cheese <i>side items</i> Banana, Applesauce 100% Fruit Juice, Low-Fat Milk	30 Trix Cereal Bar w/ String Cheese <i>side items</i> Orange Wedges, Raisins 100% Fruit Juice, Low-Fat Milk	1 English Muffin w/ Jelly <i>side items</i> Banana, Applesauce 100% Fruit Juice, Low-Fat Milk
4 Cherry Frudel <i>side items</i> Fresh Apple, Pineapple 100% Fruit Juice, Low-Fat Milk	5 Apple Cinnamon Muffin w/ String Cheese <i>side items</i> Fresh Pear, Craisins 100% Fruit Juice, Low-Fat Milk	6 French Toast Benefit Bar <i>side items</i> Fresh Apple, Pineapple 100% Fruit Juice, Low-Fat Milk	7 No School <i>side items</i>	8 Cinnamon Granola Round w/ Cheese Stick <i>side items</i> Fresh Apple, Pineapple 100% Fruit Juice, Low-Fat Milk
11 Cinnamon Toast Breakfast Bar w/ String Cheese <i>side items</i> Grapes, Mixed Fruit 100% Fruit Juice, Low-Fat Milk	12 Banana Chocolate Chip Muffin w/ String Cheese <i>side items</i> Fresh Apple, Raisins 100% Fruit Juice, Low-Fat Milk	13 Cocoa Puffs Cereal Bar with String Cheese <i>side items</i> Grapes, Mixed Fruit 100% Fruit Juice, Low-Fat Milk	14 Sausage Breakfast Pizza <i>side items</i> Fresh Apple, Raisins 100% Fruit Juice, Low-Fat Milk	15 Plain Bagel w/ Cream Cheese <i>side items</i> Grapes, Mixed Fruit 100% Fruit Juice, Low-Fat Milk
18 English Muffin w/ Jelly <i>side items</i> Grapes, Mixed Fruit 100% Fruit Juice, Low-Fat Milk	19 Cinni Minis <i>side items</i> Banana, Diced Peaches 100% Fruit Juice, Low-Fat Milk	20 Apple Bosco Stick <i>side items</i> Orange Wedges, Craisins 100% Fruit Juice, Low-Fat Milk	21 Banana Benefit Bar <i>side items</i> Banana, Diced Peaches 100% Fruit Juice, Low-Fat Milk	22 Apple Cinnamon Muffin w/ String Cheese <i>side items</i> Orange Wedges, Craisins 100% Fruit Juice, Low-Fat Milk
25 No School Holiday Recess <i>side items</i>	26 No School Holiday Recess <i>side items</i>	27 No School Holiday Recess <i>side items</i>	28 No School Holiday Recess <i>side items</i>	29 No School Holiday Recess <i>side items</i>



Donna Humphries
 Food Service Director
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 401-233-1920 Ext. 2653



Local ingredients are always used when in season



Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Menu Subject to Change:



Available Daily:

Assorted Cereals, Whole Grain Breakfast Bars, Fresh Fruit & Fruit Juice



Price:

Full: \$1.25 Reduced: \$.30



Milk:

1% Plain, Chocolate & Coffee Skim Milk





Smithfield ES Lunch Menu

December 2017

27 Pizza Sticks w/ Marinara Chicken Patty Sandwich Turkey Santa Fe Wrap Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Side Garden Salad	28 Orange Chicken Bowl w/ Rice Hamburger or Cheeseburger Chicken & Cheese Salad w/ Roll Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Seasoned Green Beans	29 Mini Waffles w/ Cheese Omelet Meatball Pizza Sub Tuna Salad Sandwich Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Baby Carrots	30 Hot Dog Chicken Tenders w/ Breadstick Popcorn Chicken Salad w/ Goldfish Crackers Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Stuffing	1 Pepperoni Pizza Ham & Cheese Melt Turkey & Cheese Sub Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Grape Tomatoes
4 Taco Dippers Chicken Patty Sandwich All-American Sandwich Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Side Garden Salad	5 Country Chicken Bowl w/Breadstick Hamburger or Cheeseburger Turkey Cobb Salad w/ Roll Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Roasted Carrots	6 Mini French Toasts w/Sausage Mac & Cheese Egg Salad Sub Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Kicken Pinto Beans	7 No School	8 Cheese Pizza Steak & Cheese Sub Ham & Cheese Wrap Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Broccoli
11 Meatball Pizza Sub Chicken Patty Sandwich Turkey & Cheese Sandwich Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Side Garden Salad	12 Soft Pretzel w/ Yogurt Hamburger or Cheeseburger Chef Salad w/ Roll Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Seasoned Green Beans	13 Mini Waffles w/ Cheese Omelet Gilled Cheese & Tomato Soup Ham & Provolone Sub Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Baked Sweet Potato Fries	14 Corn Dog Chicken Nuggets w/ Breadstick Popcorn Chicken Salad w/ Cheese & Breadstick Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar BBQ Black Beans	15 Spicy Chicken Patty Sandwich Pepperoni Pizza Tuna Salad Wrap Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Cucumber Coins
18 Chicken Parm Melt Chicken Patty Sandwich Ham & Cheese Sandwich Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Side Garden Salad	19 BBQ Pulled Pork Sandwich Hamburger or Cheeseburger Chicken Caesar Salad w/ Goldfish Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Creamy Cole Slaw	20 Mini French Toasts w/Sausage Hot Dog Egg Salad Sandwich Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Baked Beans	21 Chicken Nuggets w/ Breadstick Beef n Cheese Nachos Egg Chef Salad w/ Roll Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Tater Tots	22 Pepperoni Pizza Tuna Melt Deli Chicken & Cheese Sub Bagel Fun Lunch <i>side items</i> Fresh Fruit & Veggie Bar Side Garden Salad
25 No School Holiday Recess <i>side items</i>	26 No School Holiday Recess <i>side items</i>	27 No School Holiday Recess <i>side items</i>	28 No School Holiday Recess <i>side items</i>	29 No School Holiday Recess <i>side items</i>



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Menu Subject to Change:

Happy Holiday Season!



Price:
 Full:\$2.60 Reduced:\$1.40



Milk:
 1% Plain, Chocolate & Coffee Skim Milk

