

side items

Smithfield ES Lunch Menu

January 2018

No School

Country Popcorn Chicken Bowl w/ Breadstick

Hamburger or Cheeseburger Tuna Salad Platter w/ Roll

Fresh Fruit & Veggie Bar Mashed Potatoes

3

Mini French Toasts w/Sausage

Mac n Cheese Buffalo Ranch Wrap Bagel Fun Lunch

Fresh Fruit & Veggie Bar Celery Sticks

4

Beef n Cheese Nachos

Chicken Nuggets w/ Breadstick Turkey & Cheese Sandwich Bagel Fun Lunch

Fresh Fruit & Veggie Bar Kicken Pinto Beans

5

Pepperoni Pizza Hot Dog

Tuna Sub Bagel Fun Lunch

Fresh Fruit & Veggie Bar Baby Carrots

8

Taco Dippers

Chicken Patty Sandwich All American Sandwich Bagel Fun Lunch

Fresh Fruit & Veggie Bar Side Garden Salad

Soft Pretzel w/ Yogurt

Hamburger or Cheeseburger Turkey Cobb Salad w/ Roll Bagel Fun Lunch

side items

Fresh Fruit & Veggie Bar Seasoned Corn

10

Mini Waffles w/ Cheese Omelet

Chili Mac n Cheese Egg Salad Sub Bagel Fun Lunch

Fresh Fruit & Veggie Bar Kickin Pinto Beans

Lucky Tray Day

Corn Dog Chicken Tenders w/ Breadstick Popcorn Chicken Salad w/ Goldfish Bagel Fun Lunch

Fresh Fruit & Veggie Bar French Fries

Cheese Pizza

Honey Mustard Chicken Melt Ham & Cheese Wrap Bagel Fun Lunch

side items

Fresh Fruit & Veggie Bar Broccoli

15

No School

Martin Luther King Day

side items

16

Country Chicken Bowl w/Breadstick

Hamburger or Cheeseburger Turkey Cobb Salad w/ Roll Bagel Fun Lunch

Fresh Fruit & Veggie Bar Mashed Potatoes

Mini French Toasts w/Sausage

Mac & Cheese Egg Salad Sub Bagel Fun Lunch

Fresh Fruit & Veggie Bar **Grape Tomatoes**

18

Beef n Cheese Nachos

Kickin Pinto Beans

Chicken Nuggets w/ Breadstick Turkey & Cheese Wrap Bagel Fun Lunch

Fresh Fruit & Veggie Bar

19

Pepperoni Pizza

Steak & Cheese Sub Ham & Cheese Wrap Bagel Fun Lunch

Fresh Fruit & Veggie Bar Cucumber Coins

Meatball Pizza Sub

Chicken Patty Sandwich Turkey & Cheese Sandwich Bagel Fun Lunch

side Items Fresh Fruit & Veggie Bar Side Garden Salad

Lucky Tray Day

Soft Pretzel w/ Yogurt Hamburger or Cheeseburger Chef Salad w/ Roll Bagel Fun Lunch

Fresh Fruit & Veggie Bar Seasoned Green Beans

24

Mini Waffles w/ Cheese Omelet

Gilled Cheese & Tomato Soup Ham & Provolone Sub Bagel Fun Lunch

Fresh Fruit & Veggie Bar Baked Sweet Potato Fries

25

Corn Dog

Chicken Nuggets w/ Breadstick Popcom Chicken Salad w/ Cheese & Bagel Fun Lunch

Fresh Fruit & Veggie Bar **BBQ Black Beans**

26

Cheese Pizza

Spicy Chicken Patty Tuna Salad Wrap Bagel Fun Lunch

side items

Fresh Fruit & Veggie Bar Baby Spinach

29

Chicken Parm Melt

Chicken Patty Sandwich Ham & Cheese Sandwich Bagel Fun Lunch

Fresh Fruit & Veggie Bar Side Garden Salad

30

BBQ Pulled Pork Sandwich

Hamburger or Cheeseburger Chicken Caesar Salad w/ Goldfish Bagel Fun Lunch

Fresh Fruit & Veggie Bar Creamy Cole Slaw

Mini French Toasts w/Sausage

Hot Dog Egg Salad Sandwich Bagel Fun Lunch

Fresh Fruit & Veggie Bar Red Pepper Strips

Chicken Nuggets w/ **Breadstick**

Beef n Cheese Nachos Egg Chef Salad w/ Roll Bagel Fun Lunch

Fresh Fruit & Veggie Bar Kicken Pinto Beans

Pepperoni Pizza

Tuna Melt Deli Chicken & Cheese Sub Bagel Fun Lunch

Fresh Fruit & Veggie Bar Side Garden Salad



Donna Humphries Food Service Director humphries-donna@aramark.com 401-233-1920 Ext. 2653



Local ingredients are always used when in season



Ovo-Lacto Vegetarian, may contain Egg & Milk



Menu Subject to Change:

Did you know?

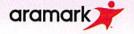
You must take a fruit or a vegetable to make a complete meal? Choose from our daily offerings on the Fresh Fruit & Vegetable Bar

Full: \$2.70 Reduced: \$.40



1% Plain, Chocolate & Coffee Skim Milk

Nutritional Messages may vary by school. This institution is an equal opportunity provider.





Smithfield ES Breakfast Menu

January 2018

No School

Blueberry Muffin w/ String Cheese

3 Cinnamon Raisin Bagel w/ Cream Cheese

Trix Cereal Bar w/ String Cheese

5 English Muffin w/ Jelly

Orange Wedges, Raisins 100% Fruit Juice, Low-Fat Milk Banana, Applesauce 100% Fruit Juice, Low-Fat Milk Orange Wedges, Raisins 100% Fruit Juice, Low-Fat Milk Banana, Applesauce 100% Fruit Juice, Low-Fat Milk

Cherry Frudel

Apple Cinnamon Muffin w/ String Cheese

10 French Toast Benefit Bar

Sausage Breakfast Pizza

Cinnamon Granola Round w/ Cheese Stick

Fresh Apple, Pineapple 100% Fruit Juice, Low-Fat Milk

Fresh Pear, Craisins 100% Fruit Juice, Low-Fat Milk Fresh Apple, Pineapple 100% Fruit Juice, Low-Fat Milk Fresh Pear, Craisins 100% Fruit Juice, Low-Fat Milk Fresh Apple, Pineapple 100% Fruit Juice, Low-Fat Milk

15

No School Martin Luther King Day 16 Banana Chocolate Chip Muffin w/ String Cheese

Cocoa Puffs Cereal Bar with String Cheese

Sausage Breakfast Pizza

Plain Bagel w/ Cream Cheese

Fresh Apple, Raisins 100% Fruit Juice, Low-Fat Milk

Cinni Minis

Grapes, Mixed Fruit 100% Fruit Juice, Low-Fat Milk

Fresh Apple, Raisins 100% Fruit Juice, Low-Fat Milk Grapes, Mixed Fruit 100% Fruit Juice, Low-Fat Milk

English Muffin w/ Jelly

Banana, Diced Peaches

Apple Bosco Stick

Banana Benefit Bar

Apple Cinnamon Muffin w/ String Cheese

Grapes, Mixed Fruit 100% Fruit Juice, Low-Fat Milk

100% Fruit Juice, Low-Fat Milk

Orange Wedges, Craisins 100% Fruit Juice, Low-Fat Milk Banana, Diced Peaches 100% Fruit Juice, Low-Fat Milk Orange Wedges, Craisins 100% Fruit Juice, Low-Fat Milk

29

Cinnamon Toast Breakfast Bar w/ String Cheese

Banana, Applesauce 100% Fruit Juice, Low-Fat Milk

Banana Chocolate Chip Muffin w/ String Cheese

Fresh Apples, Raisin 100% Fruit Juice, Low-Fat Milk Blueberry Bagel w/

Cream Cheese

Banana, Applesauce 100% Fruit Juice, Low-Fat Milk French Toast Benefit Bar

ICM Breakfast Bar

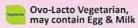
Fresh Apples, Raisin 100% Fruit Juice, Low-Fat Milk

Banana, Applesauce 100% Fruit Juice, Low-Fat Milk



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Local ingredients are always used when in season



Menu Subject to Change: Available Daily:

> Assorted Cereals, Whole Grain Breakfast Bars & Shri Bark



Full: \$1.00 Reduced: \$.30



1% Plain, Chocolate & Coffee Skim Milk

Nutritional Messages may vary by school.

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